

NEW LOW RATES  
**Fire Insurance**  
for HOME and  
Contents  
**R. R. Pattinson**

# The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 28—No. 10

The Journal, Coleman, Alberta Wed., July 10, 1957

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## COLEMAN COLLIERIES' TEAM WINS HOSE COUPLING CONTEST

Well over 400 persons attended the hose coupling competitions held in Coleman July 1 to see the Coleman Collieries volunteer team take top honors over the other 10 competing teams.

To open the day's events a parade headed by the Crows Nest Pass band marched up the main streets to the school grounds where the events were held. Times of the two runs of each team were electrically clocked by a photo-electric device made and supplied by the Coleman Collieries.

Winner of the day's events was the Coleman Collieries team — which chalked up a time of 25 seconds flat on its first run and a time of 30.5 on the second attempt. Second in the event was the Kimberley team, which scored 26.5 on its first run and 29.5 on its second run. Third prize went to the Blairmore team which tallied 26.7 on its second run and 28.1 on the first run. Other teams competing were Coleman fire brigade, the Calgary fire brigade, the Lethbridge, Bellevue, Coaldale, Bowness, Ralston and Fernie brigades.

**Fire Fighting**  
During the afternoon demonstrations of fighting fire with chemicals and fog nozzles, were given by both the local and the visiting teams. A water ball fight

between two Coleman teams, saw both companies come out soaking wet, battling to a draw.

During the evening the visiting firemen and participating teams, with the members' wives, proceeded to the Coleman Elks hall where a banquet supper was enjoyed.

The banquet was opened by Mayor Frank Abousaffy of Coleman, and speakers during the evening included chairman of the Coleman fire committee, George Jenkins, Mr. Reddard, deputy fire commissioner of Lethbridge, H. K. Jones, deputy fire marshal of Vancouver.

George Jenkins called upon captain of the Coleman Collieries team, Eugene Fabro, and presented him with the coveted trophy. The team comprised Chick Roughood, Mel Dunford, Bill Kinnear, and J. Guttman.

The prizes from the fire commissioner's office were then presented to the winners by Mr. Reddard who heartily congratulated the men on their fine work.

After a program of entertainment the firemen enjoyed dancing.

**SILVER SPURS GIVE AN OUTSTANDING SHOW**  
A good crowd attended the show held in the Arena on Saturday evening, which wound up the two-day annual Rodeo events.

A mass band comprised of RCMP and Navy personnel marched to the arena. Breaking off the HMCS Tecumseh Naval Band proceeded inside and under the direction of Lieut. M. Maffei opened the program with the playing of "O Canada" and the American National Anthem. They then entertained the crowd with several marches and classical pieces which were thoroughly enjoyed by all.

At the conclusion of this concert the Cranbrook Girls' Band entertained with precision marches. All commands given by whistle, the band, smartly dressed in blue slacks, white blouses and red ties, played and astounded the crowd with their counter marches. They were led by smartly stepping drum majorettes.

Arthur Graham, master of ceremonies for the evening, then introduced the highlight of the evening — The Silver Spurs, a group of Junior and Senior high school students from Spokane, Wash.

Under the direction of Mr. E. S. "Red" Henderson, these talented youngsters range in age from 14 to 17, can neither smoke or drink, and must be "A" class students, and keep up their school grades or they cannot belong to this troupe.

This group is returning home after spending a very successful tour which covered 35 states in the United States and Alberta and British Columbia in Canada. They appeared on TV and radio programs as well as on personal appearance tours with Hollywood stars.

Mr. Henderson, director of this group, is the physical education director and the director of recreation for the Park Board of Spokane. His work with the Silver Spurs is a hobby with him.

In introducing the dancers, Mr. Henderson thanked the Rodeo committee for inviting them and for the royal welcome they had received.

The first dances were done by eight boys and eight girls beautifully costumed in green trousers and green two-toned shirts for the boys and full-skirted ankle length square dance gowns in various colors for the girls.

They danced square dances from ancient to modern times. These included Kentucky Mountain dances, waltz quadrille, country dances and the troupe's version of an African square dance.

While the troupe was changing costumes Terry Chamberlain, the Washington State accordion cham-

## Coleman Old Timer Passes Away

Mrs. Effie Ferby, aged 70 years, passed away in Lethbridge, July 2.

She resided in Coleman for many years and operated the Ferby Grocery Store in East Coleman until a few years ago, leaving here last fall to reside with her son William at Lethbridge.

Mrs. Ferby was predeceased by her husband several years ago, and left to mourn her death is her son William of Lethbridge.

Funeral services were held in Coleman on Sunday, July 7, from the Holy Ghost church. Rev. Father Fleming officiating. Interment in the Catholic cemetery.

## Rodeo Family Night Proves Success

Rodeo time started Friday evening when a large crowd attended the bingo, movies and dancing in the town park.

Children were entertained at free movies, which they enjoyed immensely. During the movies the adults enjoyed bingo under the direction of R. Crippen and A. Kryvot.

The very attractive prizes topped by a jackpot of \$50 attracted a good crowd to the bingo held in the tennis courts. Lucky winner of the jackpot was Mrs. F. Henriot of Coleman. Other lucky winners of grand prizes were:

Mr. Gudmunson, Coleman.  
Mr. Salekin, Blairmore.  
Mrs. J. Kinnear, sr., Coleman.  
Mrs. J. Ennis, Blairmore.  
Mrs. Westrup, Bellevue.  
Mr. S. Tarabuta, Coleman.  
Mrs. Soloff, Coleman.  
Mrs. W. LeClerc, Coleman.  
Mrs. Roebuck, Rocky Mountain House.

Dancing to records under colored lights attracted a crowd to bring an enjoyable evening to a close.

## Collieries Team Wins CM&S Shield

The coveted C.M. & S. Shield awarded to the best hose laying team in the annual competition, held at Kimberley, B. C., on June 29th, went to the smooth working Coleman Collieries team under the direction of Captain Eugene Fabro. Competing against 12 other teams entered from British Columbia, Alberta and United States points, the Coleman team chalked up the fast time of 12 seconds for hose laying and also set a record for the event.

Members of the prize winning team are Bill Kinnear, Joe Guttman, Chick Roughood, Mel Dunford and Bruno Gentile.

## Donna Marie Gentile Crowned Rodeo Queen

Saturday morning, July 6 was a happy time for Donna Marie Gentile, daughter of Mr. and Mrs. Bruno Gentile, when she was crowned the 1957 Coleman Rodeo Queen.

Mary Lynn Cook, Canadian Rodeo Queen, from Cardston, did the honors of crowning the new Queen and wished her good luck.

A draw was then made for the \$50 government bond, the lucky winner being Joe Sedrav of Fernie, with ticket number 4087.

Mary Katherine Sekina of Blairmore, was the runner-up in the contest.

## Former Local Boy Wins Award

Adam Kryczka, son of Mr. and Mrs. Joseph Kryczka, of Calgary, former Coleman residents, received the Mobil Oil Company scholarship in geology at the University of Alberta in Edmonton.

He also won a first class standing prize of \$25 from the university. He shared the Rutherford Memorial prize in stratigraphy with Keith Peterson of Edmonton.

John Motil of Hillcrest to the Canadian Legion scholarship in physics or electrical engineering.

## Elks, Royal Purple Decorate Graves Of Members

On Sunday, June 30, members of the Coleman Elks Lodge and Royal Purple decorated the graves of their departed members with flowers.

Services for the Elks were conducted by R. Tiffin, assisted by N. Ash who read the services. Mrs. A. Jones conducted the service for the members of the Royal Purple Lodge.

Members' graves in both Coleman and Blairmore were decorated. The members' graves honored were:

R. Eastwood, A. Bowling, A. Cornett, J. Lysek, J. Reil, J. Hopkins, H. Antel, D. Randall, W. Babbitt, J. Atkinson, S. Bencko, T. DeCecco, A. McCulloch, M. Steigler, H. Bysackers, W. Harrison, H. Clark, H. Gate, A. Squaracelli, all of Coleman.

Blairmore members were: A. Graham and C. Pilford. Royal Purple members were: Mrs. Bouthillier and Mrs. Rosa Mils.

## Local Women Win Prize

Two other Coleman women were fortunate in winning a prize in the Star Weekly quilt contest held recently.

Mrs. Mary McQuarrie and Mrs. Allison McQuarrie, working together, made two quilts and entered them as group work. They each received a cash prize for their work — congratulations, ladies.

## Dr. Bryan to be Salvation Army Speaker

On Sunday evening July 14th a very talented speaker, Dr. Bryan will speak at 7:30 at The Salvation Army hall.

Along with Dr. Bryan will be a musical group that will sing some very enjoyable selections.

Everyone is invited to attend and hear this interesting speaker and musical group.

## Successful Students In Music Exams

The following is a list of successful candidates in examinations held recently by the Royal Conservatory of Music of Toronto in Coleman, Alberta. The names are arranged in order of merit:

Grade VIII—Piano  
Pass—Jerry Lonsbury.

Grade VII—Piano  
Honors—John Maynard.

Pass—Caron Johnson, Margaret Herford.

Grade VI—Piano  
First Class Honors — Elaine Herford.

Grade V—Piano  
Honors—Doreen Wavrean.

Grade IV—Piano  
Honors—Barbara Kwanie.

Grade III—Piano  
First Class Honors—Brian Johnson.

Grade II—Piano  
Honors—Kenneth Murdoch.

Grade I—Piano  
Honors—Eleanor Duncan.

## Couple Feted at Silver Wedding

Mr. and Mrs. Adam Morris were pleasantly surprised on Saturday, June 29 when a large number of friends gathered to help them celebrate their silver wedding anniversary.

After a mock wedding ceremony Mr. Charlie Ryman, on the accordion, and Mr. John Wavrean on the guitar, supplied the music for the evening. Mr. Ryman also played for the original wedding 25 years ago.

After a delicious buffet supper served by the hostesses, Mrs. Steve Wavrean presented Mrs. Morris with several pieces of silverware and Mr. Morris with a silver table lighter.

Mr. and Mrs. Morris then cut a wedding cake made and decorated in the shape of an open book.

Following this the honored guests thanked everyone for the lovely surprise and gifts and expressed their pleasure at having such nice friends.

## Crowds Thrilled by Grand Parade and Rodeo Events

The only Coal Town Rodeo events got under way shortly after noon on Saturday, July 6 with a giant parade under the able direction of Parade Marshal E. Corson.

Despite wind, dust and rainstorms a good crowd viewed the 3½ mile long parade consisting of floats, decorated cars, children sections, bands and cowboys.

The parade which was broadcast over CJOJ was led by eight red-coated Mounties smartly stepping to the music of the HMCS Tecumseh Navy Band of Calgary.

These were followed by several distinguished visitors including ... Mary Lynn Cook, Canadian Rodeo Queen.

Beautifully decorated cars and floats entered in the various sections were from Coleman, Blairmore, Pincher Creek, Bellevue, Fort Macleod, Waterton, Nelson, Fernie, Lethbridge and other points. Several of these were heading for the Calgary Stampede. A trailer show featuring trailers from midsize to 40 foot size appeared. An army jeep team from Western Command headquarters in Edmonton amazed spectators by taking apart a jeep and assembling it in about two minutes. Some of these floats entailing hours of work were beautiful.

Several Queens rode in the parade, including Donna Gentile, Coleman's 1957 Rodeo Queen; Miss Shirley Morency, the Civil Service Queen, Southern Alberta and Mary Sekina, runner-up in the Coleman Queen contest.

Several blood-stirring bands kept the crowd excited as each section came into view. The Cranbrook Girls' Band got much attention with their counter marching, while on the parade route other bands in the parade, very smart in their colorful uniforms were, the Milk River Band, RCMP 32nd Sqdn. Band of Blairmore, and Lethbridge.

Local band of Winnipeg, Cowley - Landbrook band, Army, Navy and Airforce Pipe Band of Lethbridge, Pincher Creek band and the Crows Nest Pass Band supplied plenty of stirring march music.

The Elks Patrol team of Coleman, in their purple and white uniforms did a very smart march enroute.

Canadian Legion Ladies' Auxiliary looked smart in their blue and white uniforms.

No parade is complete without its clowns and these were enjoyed immensely by the crowd, especially the children.

The children's section, although not large, was very ingenious in its entries. Decorated bicycles showed how their little owners had really worked to achieve success.

Originality was the theme of the children's floats as well.

McNamara's Band made up of members of the Coleman Lodge of the O.O.R.P. drew many a chuckle from the spectators.

Mayor Abousaffy and Mayor Shackleton of Lethbridge at a band tap convertible were at the head of the parade followed by members of the town council and other visiting dignitaries.

Float winners in the various sections were:

**Floats**  
1st Modern Electric, 2nd Coleman Cobblers Dancing School, 3rd Job's Daughters, Bellevue. Parade Marshal's Award for the Finest Float went to Sick's Lethbridge Ginger Ale.

**Decorated Cars**  
1st Chalmers Crow's Nest Pass Dance Hall, 2nd Coleman Pharmacy, 3rd J. Sikora, Coleman. Parade Marshal's Award in this section went to Harry Draper, Blairmore.

**Most Humorous Float**  
Willey Godfrey, Coleman.

**Children's Section**  
Most Original—1st M. D'Amico, 2nd Randy Fabro.

**Best Decorated Girls Bicycle**—1st Jaclyn McQuarrie, 2nd Weslyn Dunford.

**Best Decorated Boys Bicycle**—1st Danny Orlando, 2nd C. Dunford.

**Best Dressed Cowgirl**—1st Donna Trotz, 2nd Kathleen Tyson.

**Best Dressed Cowboy**—1st Gordon Lieskovsky, Beaver Mines, 2nd D. Ozar, Crow's Nest Ranch.

**Judges were Steve Mroz and Adam Wilson.**

**Clown Prizes**  
1st Jack Line, Victoria, 2nd Mrs. Rose Cocoloni.

**Best Dressed Cowgirl**  
1st Marguerite Scodellaro, Bellevue, 2nd Laura Trotz, Coleman.

**Best Dressed Cowboy**  
1st Wally Fauville, Bellevue, 2nd Louis Bourdier, Cowley.

**Judges of this section were J. Murray, Nelson, B.C., Jim Kerr, Coleman and W. Bradley, Missoula, Montana.**

**Rodeo Events**  
Coleman's natural amphitheatre was the scene of a thrilling rodeo on Saturday afternoon to climax two days of events.

The smartly uniformed HMCS Tecumseh Naval Band opened the program with the playing of "O Canada".

Henry Viney, national sports-caster from Calgary opened the rodeo by expressing his pleasure at being asked to attend and open the Rodeo. He said he hoped to return sometime in the near future for another such event.

The thrilling rodeo events then got underway under the able direction of Herman Linder and Bill Fraser.

Buddy Heaton and his educated mule, along with his able partner Bill Keen, kept the crowd in an uproar as clowns and keeping the horses and cattle and Brahma bulls from trampling the cowboys taking part in the various events.

This sort of hazing, as it is called, although it looks comical to the crowd, is very dangerous and could prove disastrous to the men if they happen to slip and fall.

Spirited competition took place in all events with several being registered for each event. The points gained by the cowboys count in the final round when the circuit is completed.

Winners of the various events at the Rodeo grounds were:

**Saddle Brouc Riding:**  
1—Ellie Lewis, Ponetown, B.C.  
2—Winston Bruce, Forestburg, Alberta.

3—Don McKay, Black Diamond  
4—George Myron, Viking.

**Steer Wrestling:**  
1—Harold Mandville.  
2—Bud Buttefield, Ponoka.  
3—Bob Robinson, Calgary.

4—George Aldoff, Coleman.

**Calf Roping:**  
1—Bob Lytle, Santa Rita, Calif.  
2—Floyd Manlyfinger, Cardston.  
3—Harwood Potter, Cuthbert, Mont.

4—Gordon Hall, Taber.

**Barrel Race Riding:**  
1—Alvin Owen, Patricia, Alta.  
2nd and 3rd prize money split by Brick Boyce of Augusta, Mont., and Leg Kessler of Rosemary.

4—Walter Shuckburgh, Stettler.

**Brahma Bull Riding:**  
1—Bob Robinson, Calgary.  
2—Don White, Augusta, Mont.  
3—Mac Jardie, Black Diamond.

4—Split prize money between Brick Boyce of Augusta, Mont., and Norman Edge of Cochrane.

Following the events and during the intermission the Navy Band entertained the crowd. An added feature of the afternoon was the drawing for a \$50 government of Canada bond. The lucky winner of this was the holder of ticket number 3765 Harry Nelson, Coleman.

## Notice to Readers And Advertisers

There will be no issue of The Journal next week, July 17th, owing to the staff taking holidays.

# NEIGHBORLY NEWS

## C.B.C.

C. F. GREENE

JUNE 9, 1957

Good morning, neighbors:

We start off with a correction received in a letter from Mrs. J. Jeffrey of Manitow, Manitoba, who writes: Last Sunday you mentioned the wedding anniversary of my parents, Mr. and Mrs. George Gilbert. This was erroneously reported as their 60th—when it should have been their 50th. It was corrected in the following issue of the Manitow Western Canadian. Well, Mr. and Mrs. Gilbert of Clearwater—if you are listening in, may we say we hope to have the pleasure next year of congratulating you on your 60th wedding anniversary.

Just starting out on their married life is this couple mentioned in the Vermilion Standard, Alberta. Marriage one day last month at Bolsover, England, climaxed a Canadian-English pen-pal friendship that began nearly 15 years ago. James Blake, aged 29 years, of Vermilion, Alberta, married Marjory Chambers, 27, of Carr Vale, England. James went overseas to see his pen pal last December. The correspondence started when the two were children, through the Winnipeg Free Press pen pal page. The happy couple are making their home in Vermilion.

Two other happily married couples make the headlines in their local papers. The Moose Mountain Star-Standard, Saskatchewan, congratulates Mr. and Mrs. George McKerracher of the Kisbey district on their 60th—and the Carillon News of Steinbach, Manitoba, offers its hearty greetings to Mr. and Mrs. Gottlieb Schinkel on the occasion of their 60th wedding anniversary. Nine out of their 10 children were present at the celebration.

Here's a lady who had something to celebrate. According to the Morden Times, Manitoba, the golfer's dream, a hole-in-one, became a reality the other weekend for Mrs. R. A. Milne. Teasing off on the third hole, her perfect shot travelled 120 yards to drop in the cup. Three witnesses were present to verify her report—husband Bob, A. MacAulay and H. F. Harp.

Also in the realm of sport, we noted in Bill Robinson's Red and Gun column published in several Manitoba weeklies, this unusual fish story. Gordon Briscoe of Dauphin was getting pretty chuffed off with the pike. Nothing in the tackle box seemed to work... so he took a nice red radish out of his lunch box and stuck it on the hook. First cast got a lovely seven-pound pike.

Then too the Claresholm Local Press, Alberta, quotes one of their neighbors, Jo Slettead as saying: "I've been trying 25 years to catch a big one like this"—as he smilingly showed a brown trout weigh-

ing four and one-half pounds, which he caught in the north fork of Willow Creek.

About fishing—or fishing gear—the Roseton Eagle, Sask., has this to say: "Last weekend we went fishing in the beautiful country north of Meadow Lake. The fishing was good and we got our limit of pickerel in a few hours. But there was one thing that almost completely spoiled the trip for us and that was the general public's disregard for the care of these fishing places and camps. The provincial government department responsible for such places has cleared the ground for campsites, built peeped log shelters for picnicking and cooking, as well as comfort stations. One would think that these shelters to use them would treat them with even a minimum of consideration for sanitation and appearance. Such is not the case. The campsites are littered with every type of garbage.

Well, it is surprising that some of us spoil these beauty spots—but back to Bill Robinson who states: "Don't be surprised if you see mallards with pink or green wings this year! You are not seeing things. These are birds that have been specially colored for research purposes by the Illinois Natural History Survey."

The word history makes one think of school days—and in this case of disappointed school children. The North Battleford News, Optimist reports that the children in the Cochon school had voted 100 percent for Daylight Saving Time on Standard Time. So on May 15 the clock was set back an hour to Standard Time... for a bunch of disappointed children.

Well, children, your Mother know best, remember which reminds us that according to the Melfort Journal, Sask., W. J. Leatham of the Silver Park district owns a mare who is a firm believer in Mother's Day. On Mother's Day last year she presented her owner with a nice foal, and on Mother's Day this year she repeated the performance.

"That's good" agree another two Saskatchewan neighbors, "but can you beat this?" The Watson Witness notes that Mr. and Mrs. P. Sakundika, farming east of Watson, keep a small dairy herd—eight cows to be exact. In March one of the cows presented her owner with twin calves. In April another cow produced twins. And on May 20th a third cow followed suit, to make it three sets of twins this spring from a herd of only eight cows.

Let's leave the farm yard and go into the garden via the Touchwood Times of Pelly, Sask., whose editor states: We received a card this morning from William Walker in Vancouver, who writes: "Having a nice time—just cut the lawn." No need to go to Vancouver to get a good time—you can cut your lawn any time... comments the Watson Witness editor.

And this is as good a time as any to pass on congratulations to these good neighbors celebrating 90-and-over birthday anniversaries. Mrs. Mamie Haddock of Grandview, Man., 90—Mrs. E. Major of Russell, Man.—Mrs. Lily Brasington of Invermay, Sask.—Mrs. Jane Taggart of Langdon, Alta.—Harm Lyons of Carberry, Man.—all 91. Mrs. J. A. Henderson of the Spruce Creek district, Man., 93—Peter McCormick of Wapella, Sask., 94—Mrs. K. Stewart of Chateau, Man., 95—Thomas Rodgers of Sanford, Man., also 95—and Grandfather March of Rosefield, Man., 100 years old last Sunday.

Speaking of years—the Assiniboia, Times, Sask., editorially commenting on tomorrow's elections, states in part: June the 15th will mark the 742nd anniversary of the most important political event—the establishment of the Magna Carta at Runnymede, England. This great charter of English liberties which was forced from King John by the barons, paved the way

for fundamental constitutions of guaranteed rights.

Regardless of party, race or creed, every eligible citizen of this district should cast his or her ballot on June 10th. On that day, the Magna Carta will live again, many hundreds of miles from its original birthplace, many years later, but still the powerful, unbiased ally of the people, embodied in one small piece of paper—in itself of little value, but symbolic of the nemesis that ousted Hitler and Mussolini.

But a little animal mentioned in the Winkler Progress, Man., refused for a long time to be ousted. Ralph Kallheim had a unique experience recently when his right to enter the cab of his truck was bitterly disputed by a weasel fighting viciously for her nine babies for which she had made a home in the seat cushion. Ralph was driven out time after time. He finally managed to remove five of the babies before the mother weasel finally desisted.

Reverence to motherhood is made in this little story told in the Oak Lake News, Man. The small son of a doctor answered the phone and told the caller that his father was not at home. "Do you know when he will be in?" he was asked. "No, I don't," said the boy. "He went out on an eternity case."

Speaking of small boys and girls, we learn from the Watrous Manitow, Sask., that Frank Koehler, prominent businessman of Watrous, who passed his 52nd milestone the other week, has remembered his young friends on the occasion of his birthday anniversary, for many years. Needless to say, they took forward to May 27th last year, and all join in thanking Mr. Koehler and wishing for him continued good health—and many more birthdays—plus ice cream. On Monday, Mr. Koehler enjoyed distributing 35 dixie cups to the boys and girls.

Kind deeds to one's neighbors are distributed so many times in so many places on the prairies that it is impossible to report all of them—but here's one noticed in Thank You announcements in the Kelvington Radio, Sask. "Words fail to express our feelings of gratitude and thanks to our many very kind friends and neighbors who came to our assistance in working our land, seeding our crop, and doing all our spring work, during the illness and confinement in hospital of myself, Rosario Lemair, of Perigord. Your very great kindness will never be forgotten—signed, Rosario and Jean."

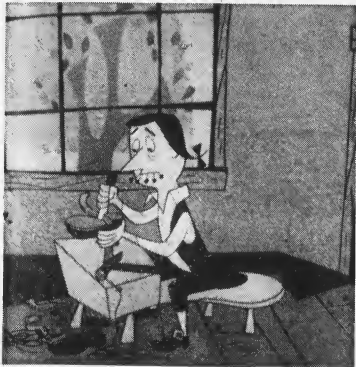
We will now tread on the Prairie Gardener's preserves by passing on two reports in the Humboldt Journal, Sask., R. X. Stroder, brought in some green onions and radishes grown this year. He says his garden was planted on April 22 and includes 21 rows of various vegetables.

And the Simpson district correspondent of the Imperial Review, Sask., states that he had his first feed of asparagus from his garden on May 10, and since then several nice feeds of rhubarb.

Turning from the present to the past, the Rosethorn News, Sask., tells us that when an old home was torn down recently on the Duck Lake Indian reserve, the working men found in one wall of the house a cheque of the Bank of British North America, dated December 31, 1908, and made out to Joe Seesequassua who had endorsed the cheque. "How the cheque had become lodged in the wall of the old house will probably never be explained," comments the reporter.

Finally another reminder of elections—this one a story told by the Grayville news reporter for the Dufferin Leader, Carman, Man. "Very few women have any knowledge of parliamentary law," said one man to a neighbor. "You don't know my wife," replied the neighbor—"she's been speaker of the house for 25 years."

Good morning neighbors and keep smiling.



... In the early days a cobbler didn't need much money to buy his simple tools and equipment. Working with inexpensive and inefficient tools a man had to labor 80 hours a week to produce only a few pairs of shoes...

—From the film "The Story of Creative Capital"



(An official department of the Canadian Amateur Sport and Physical Fitness Development Service)

By Lloyd Percival

## Is exercise good for bad nerves?

Nervous people who worry more than they should often wonder what they can do to ease the situation. Well, one valuable suggestion is exercise.

Exercise is a help for several reasons:

1. It's good for your morale. It gives you confidence and creates a feeling of well-being which helps you offset the worry and depression which are always associated with nervous problems. If you are

doing something every day that you know is good for your body, making it stronger and more efficient, then your confidence and morale can't help but be improved.

2. Exercise has a very good effect on your circulation. If your nerves are to stay healthy or regain their health after some nervous disorder, then they must be well-nourished. They can only be nourished through the circulation of the blood, and the better your circulation the better your nerves will be. The best way to sustain good circulation is through regular exercise.

When you are tense and worried, a long walk is usually better for you than any sedative you can take. This explains why nervous problems are so much more common among physically inactive people than among those who get lots of exercise.

How to catch a fly ball

When catching a fly ball, always take it above your head or at head level. You'll be able to keep your eye on it better and if you fumble it, you still have a chance to make another grab for it.

If the fly is very high, go back a few steps, judge it and then move forward to take it. Never stand still when in doubt.

Finally, remember to let your hands "give" a little with the ball as it reaches them. Don't grab at the ball or hold your hands stiff—let it come, keep loose and relaxed, and stay cool. You'll be a better fielder if you do.

## Field Trials For Fertilizers

Fertilizer trials on forage and cereal crops currently being run throughout the province should be completed this week (May 31) after the most successful season

The trials began May 1st and have been run in conjunction with seeding operations by the staff of the soil and crops branch, Manitoba department of agriculture, and the soils department, University of Manitoba, in cooperation with local agricultural representatives.

The forage yields will be taken at the end of June and the cereal yields during August and September. The yields from the fertilized strips will then be compared with the yields from adjacent unfertilized strips. Ammonium phosphate, ammonium phosphate sulphate, ammonium nitrate phosphate and ammonium nitrate fertilizers are being tried out on different soil types in order to determine how to increase production through the application of different fertilizers at various prices.

Mr. C. C. Cranston, provincial agronomist, said the trials serve as both demonstration and research projects. He said results are analyzed by the Manitoba Co-operative Fertilizer Board which recommends to farmers the best fertilizer to use on specific soil types.

Last year the Canadian Red Cross Blood Transfusion Service provided 124,133 free clinical RH tests for expectant mothers.

Finland, in 1858, was the first country to include manual training in its schools.

## About 270 Give Blood

Although complete figures are not yet available, approximately 270 citizens of Humboldt and district, including many from Lake Lenore, donated blood at the Red Cross Blood Donor Clinic held here last Thursday.

The Clinic started out very quiet with only about 66 appearing during the afternoon. However early in the evening the staff became quite busy and continued so until closing time. The Journal, Humboldt, Sask.—May 30, 1957.

## IN THE HOME WORKSHOP

### Lawn swing

Make a Lawn Swing for your yard just like the swing you remember years ago. You will enjoy it and so will your family and friends, young and old. Pattern 305, which shows every construction step and lists all materials, is



PATTERN 305

35c. A Lawn-and-Garden Furniture Packet (No. 37) of five patterns including this swing is \$1.50. Orders under \$1.00 add 10c service charge.

### Table and bench unit

This table and bench unit is for the family that likes to have every thing in place when dinner is ready. There is no scurrying around to find sets. A hammer and hand saw are the tools needed to build this unit. The pattern carries cutting diagrams for



the shaped pieces so that there is no waste of time and material in putting the unit together. Pattern is No. 203 and the price is 35c. Other patterns available in packets are Lawn and Garden Furniture, Nos. 1 and 2—\$1.50 each. Bird Houses and Feeders, 1 and 2—\$1.50 each. Living Room Furniture—\$1.50 and Jig-Saw Packets, 1 and 2—\$1.50 each. Be sure to give name and number of packet to avoid error in filling your order. Any pattern not useful may be returned for refund or exchange.

Address order to:  
Home Workshop Patterns,  
Department P.P.L.,  
4433 West 8th Avenue,  
Vancouver, B.C.

## BLACKHEADS

Don't squeeze blackheads and leave ugly scars—eliminate them with PEROXINE POWDER. Simple—Safe—Sure. Cleanses the pores and skin, giving you skin vitality and charm. At your Druggist. Results guaranteed.

## PEROXINE POWDER

## FALSE TEETH

### That Loosen

### Need Not Embarrass

Many wearers of false teeth have suffered real embarrassment because their false drooped, sagged or wobbled at just the wrong time. Do not live in fear of this. You can now get just what you need—FASSTETH, the alkaline (non-acid) powder, on your plates. Hold false teeth more firmly so they feel more comfortable. Does not sour. Checks "plate color" (dirture breath). Get FASSTETH at any drug counter.

## YOU CAN SLEEP TO-NIGHT

### AND RELIEVE NERVOUSNESS ALL DAY TO-MORROW

SEDICIN tablets taken according to directions is a safe way to induce sleep or quiet the nerves when tense.

SEDICIN \$1.00—\$4.95  
Drug Stores Only

## If You're TIRED ALL THE TIME

Everybody gets a bit run-down now and then, tired-out, heavy-lidded, and nagged by backaches. Perhaps nothing seriously wrong, just a temporary lull in condition caused by excess work and fatigue. That's the time to take Doid's Kidney Pills. Doid's stimulates the kidneys, and so help restore their normal action of removing excess acids and wastes. Then you feel better, sleep better, work better. Get Doid's Kidney Pills now. Look for the blue box with the red band of all drug outlets. You can depend on Doid's.

## Stylerite Store Opens Doors

The Stylerite Store, which now occupies the premises which formerly housed Sures Store, opened for business today. The store, which is one of a chain which has outlets in Winnipeg, Portage la Prairie and Rainy River, Ont., drew large crowds in answer to its opening day specials.—The Dufferin Leader, Carman, Man.—May 30, 1957.

The world's largest dam is Fort Peck in the state of Montana. It contains 125,628,288 cubic yards.



## Try my wonderful GLAZED PEACH PINWHEEL PUDDING!



Drain and sieve syrup from 20-ounce can sliced peaches. Stir together once, then into bowl. 2-ounce sifted pastry flour or 1 1/2 cups sifted all-purpose flour. 4 eggs. Magic Baking Powder. 1/2 c. granulated sugar.

Cut in finely 1/2 c. chilled shortening. Arrange peaches over dough. Beginning at a short edge, roll up; cut into 6 slices. Place, cut side up, in greased 7 x 11-inch pan. Bake in hot oven, 400°, 25 mins. Meanwhile, bring to boil, stirring, 1 tsp. granulated sugar, 1 tbsp. corn starch, few grains salt, 1 tbsp. lemon juice, 1 c. peach syrup (use water, if necessary, to bring measure up to 1 c.). Stir in 1 tsp. butter or margarine and 1/4 tsp. almond extract.

Sprinkle with 2 tbsps. chopped almonds. Arrange peaches over dough. Beginning at a short edge, roll up; cut into 6 slices. Place, cut side up, in greased 7 x 11-inch pan. Bake in hot oven, 400°, 25 mins. Meanwhile, bring to boil, stirring, 1 tsp. granulated sugar, 1 tbsp. corn starch, few grains salt, 1 tbsp. lemon juice, 1 c. peach syrup (use water, if necessary, to bring measure up to 1 c.). Stir in 1 tsp. butter or margarine and 1/4 tsp. almond extract.

Four over partially cooked pinwheels. Bake about 20 mins. longer. Yield—6 servings.

Protect all your ingredients with dependable MAGIC! Get light and tender results... get MAGIC Baking Powder soon!



## Promoting all Central Alberta

(The Globe, Lacombe, Alberta)

Lacombe board of trade and agriculture is to be commended on its progressive approach to publicize this part of central Alberta through the printing of a tourist brochure. Unfortunately, the principle of the idea was too ambitious for the number of tourist attractions we had to offer, and it is a good thing that the original concept of the brochure has been expanded to include mention of scenic beauty spots through a wide area of central Alberta.

Instead of Lacombe "going it alone," some 12 different centres are banding together under the name of central Alberta chambers of commerce, extending from Didsbury to Ponoka and from Rocky to Stettler.

We have great pride in our own area, of course, and to tourist promotion Lacombe can offer Gull and Sylvan Lakes for swimming, Red Deer and Blindman Rivers for fishing, and the Sunset Hills for skiing. To publicize these undoubted attractions in this particular sector of central Alberta is not fair to the tourist, however, since it is only part of the true picture which would include beauty spots like Buffalo Lake to the east, the picturesque Caroline district west of Innisfail, the trout streams around Rocky, etc. By enlarging "Central Alberta" to encompass the territory from Didsbury to Ponoka, we have something worth while to sell. Further, through the co-operation of all boards of trade, we have an organization effort representing large populations—and the cost to each group is proportionately less.

A total of 25,000 copies of the brochure will be available soon for distribution through A.M.A. offices, and tourist points of entry.

If the newly organized Central Alberta chambers' group does nothing else, it will have justified its existence through this successful promotion.

★ ★ ★

## We're growing with the district

(The News, Castlegar, B.C.)

With this issue of the Castlegar News, we take another step forward with the district, by adding another column to each page, giving you a larger paper, with more room for news of the district and a better display for the advertisers.

Just ten years ago the first issue of this paper was produced on a small hand operated mimeograph, and since that time, has gone from automatic mimeograph to type set, with five columns, followed shortly by and now seven columns, to keep pace with our district.

Each time a step forward was taken, a new location was necessary to accommodate the new equipment, and even now space is at a premium in our new shop.

All this has been made possible through the growth of our district and the support of advertisers and subscribers alike, and right here and now, we say "thank you," for we could not survive without this support.

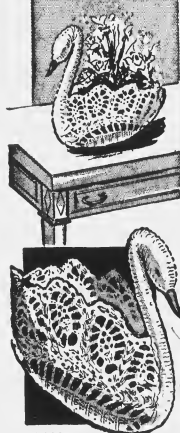
This area has not had the boom which is being experienced in the rest of British Columbia, but it has had a steady growth, which gives it a firm foundation for bigger things to come, and they will come, we are confident of that, and we will be ready for them.

We are only too happy to bring you all the news of the district, but just can't hear of everything that takes place, and would appreciate a call, drawing our attention to any item of interest to our readers. Our columns are open to you, and our doors are wide open for anyone wishing to see through our plant.

Depth, used as a military term, means the space over which a body of troops is distributed from front to rear.

In England pipe smokers saturate corks in Spanish sherry to keep tobacco humidors moist and fragrant.

### Unusual crochet



7033

by Alice Brooks

Elegant centerpiece for your dining table! A graceful swan, easy to crochet with a border of lacy pineapples. Just fill it with fruit or colorful flowers.

Pattern 7033: Crochet directions for "swan" centerpiece in heavy fluffy cotton. Starch for stiffness.

To obtain this pattern and thirty-five cents in coin (stamp cannot be accepted):

Household Arts Department, Department P.F.L., 80 Front Street, W., Toronto

Two FREE patterns—printed in our Alice Brooks Needlecraft book—stunning designs for you, for your home—just for you, our readers! Dozens of other designs to order—all easy, fascinating hand-work! Send 25 cents for your copy of this wonderful book right away!

The Canadian Junior Red Cross Crippled and Handicapped Children's Fund has provided medical treatment for over 80,000 Canadian children.

### Half-size style



4666

SIZES

12½-24½

PRINTED PATTERN

Directions PRINTED on each pattern part! Designed to fit the shorter, fuller figure perfectly! It's a cinch to sew this versatile fashion as a scoop-neck dress, or smart jumper and blouse!

Printed Pattern 4666: Half Sizes 12½, 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ dress takes ¾ yards 38-inch; blouse 2¼ yds. Printed directions on each pattern part. Easier, faster, accurate. Send forty cents (40¢) in coin (stamp cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to:

Anne Adams Patterns Dept., Department P.F.L., 80 Front Street, W., Toronto.

Be sure to write plainly your Name, Address and Pattern Number.

# Editorials

from

## Canadian Weekly Newspapers

(These are not necessarily the views of the editor of this paper)

### A community booster

(The Recorder, Reston, Man.—March 28, 1957)

What advertises a community, what makes it well and favorably known, or what tends to belittle its stature is an interesting study for any one with the welfare of his particular home town at heart. So many elements are involved in the makeup of a community which is progressive and well and favorably known at home and abroad, that sometimes misconceptions can occur and overemphasis be placed on certain phases of the community's activities.

For instance, it is easy to be preoccupied with competitive sport or some other such more spectacular activity that other components of the successful community tend to become overlooked. We believe that every loyal citizen of a city, town or village must do their share in creating the overall atmosphere and reputation of that particular place. Your service clubs, churches, schools, fraternal organizations and business influence such a condition, and without their co-operation and helpful effort no individual organization or group can produce an effect that will prevail more than a fleeting period of time and over a very limited area.

The well-run industry, no matter how small, which produces a good product going into the world bearing the name of its place of origin contributes its share; the merchant who through superior service, buying ability and merchandising experience creates satisfied customers and draws their trade to his particular town, is an important asset; your businessman who attends regional and national conventions of his particular trade classification in order to keep abreast of modern methods and returns to his community to adapt these to the benefit of his clientele; all enter into the portrayal of a successful, progressive and expanding area.

Indeed it is not the size of the town which counts but the calibre and ability of its citizens. Growth very seldom comes to municipalities for any other reason than that people of the community have created a favorable impression and the potential newcomer who will swell its ranks finds its atmosphere attractive in which to live and conduct a business. So that while we endorse and support such organizations as the Chamber of Commerce and the service clubs, etc., we should never forget that our own individual efforts and those of our fellow-citizens are essential in creating that favorable reputation which often has so much to do with its welfare and advancement.—The Manitoba Leader.

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### Worse than Dieppe

(The Mail, Drumheller, Alberta)

Between 3,000 and 4,000 Canadians will be killed on the nation's highways this year—a greater number than were slain in that bloody rehearsal for invasion at Dieppe just 15 years ago.

Dieppe was war. As such, it can be explained in terms of sheer military necessity, particularly in the light of the lessons learned from it. But there is nothing necessary or unavoidable about these 1957 highway fatalities, and for that reason they are the more terrible.

A recent newspaper correspondent suggested that alarm on this score is perhaps overdone. There were, he pointed out, road accidents even in the days when a man's fastest means of transportation was his horse, and he went on to cite several personages who died as a result of falling from, or being thrown by, their trusty steed.

What he appeared to overlook, however, was that the big difference between the oldtime horseman and the modern motorist in the matter of liability to accidents are not merely ones of speed and greater traffic, but also of power to kill or maim quite innocent people.

The horseman of yesterday was invariably the only victim of the accident in which he was involved. This is far from being true today when the weight of responsibility upon the motorist for the safety of others as well as himself is so much greater.

It is no answer, either, to say that there will be accidents as long as human beings are imperfect. The situation is getting far too serious to be so casually dismissed. Most tragic aspect of the whole business is that more than 90 percent of all road accidents involve drivers who are quite unimpaired, and therefore presumably capable of sane judgment.

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### The cost of irrigation projects

(The Bulletin, Brooks, Alberta)

The Gordon economic commission recommended that the construction of irrigation districts should be delayed until there is an increased demand for the "specialized" crops grown under irrigation.

That view will not be popular in areas where severe droughts have occurred in past years and where there is a possibility of irrigation projects being constructed. We are inclined to the belief that the present projects should be well established before more are undertaken.

The St. Marys project in the deep south cost three times the original estimate, and costs have gone up substantially ever since. It will have to be paid by the government for years to come and so will the Bow River project.

The Eastern Irrigation system cost the Canadian Pacific Railway \$13,000,000 to build some forty years ago. Another \$3,000,000 was spent on improvements and repairs, and the C.P.R.'s operating cost in the first seventeen years was \$5,500,000. So the company turned over to the land owners, along with a substantial sum of money.

To construct the E.I.D. system at the present time would cost probably five times what it did forty-seven years ago. Farmers could never carry such a burden of overhead, as people on the farms here well know.

### Child delinquency

(The Journal, Humboldt, Sask.)

Recently, in a country weekly which we receive, there appeared a news item with a black face heading: "Police Department Under Censure, Chief Suspended." A sub-heading informed us that "Parents and Councillors (were) Incensed (by) Arbitrary Action Against Youngsters." On reading further we found that the cause of the whole thing was that several youngsters had been caught while playing, Hallowe'en pranks and shoved behind bars in solitary confinement.

The Criminal Code states: "A youth under the age of 16 years cannot be held in any place or prison where adults can be detained."

Apart from the fact that the law was disobeyed, we fail to understand how any chief of Police could take such drastic steps as putting youngsters in jail. We deplore this action which might well turn our youth into anything but good and honest citizens, and which leaves a stigma on their lives which might never be erased.

Why should the boys and girls be afraid of the police, as is the case in so many of towns and cities? Rather, they should look up to them with respect and in the knowledge that they are in office to help and protect.

Some community centre where the young people could gather would no doubt be a great help in keeping them occupied, but that should not be necessary to keep them out of jail.

Perhaps an occasional party given by the police (and paid for by the Town), where our youth could get to know the officers and respect them, might be a good investment.

Perhaps a juvenile police patrol in which the young fry could perform minor duties, such as gathering information on traffic problems, helping to guard against vandalism, and other things could be found. This would instill in them confidence instead of fear and at the same time they could be learning some of the points about law.

Lastly, without laying all the blame on the police, we as parents can do most, for it is in the home that our children should have their initial fundamental training. If this were conscientiously done in the youth there is no doubt that there would be fewer grown-ups in prison cells.

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### More than fish to fishing

(The Sun, Swift Current, Sask.)

A lot of people, particularly ladies, have erroneous ideas concerning men's leisure-time activities, and it is suspected that this editorial isn't going to change the situation. But fishing is an apt illustration of what is being referred to. A woman judges fishing by what's brought home in the creek. She doesn't understand that it's much more than that.

Now that spring has worked along to the point where it will be legal to wet a line on Saturday (May 11), a man finds that he needs to go fishing. The fact that it will require \$50 worth of special equipment and may result in a dollar's worth of fish is beside the point. That is merely a burden that he is prepared to shoulder.

Like the Ottawa Journal so aptly puts it, fishing isn't just catching fish.

Fishing is getting out of doors so that a man can feel the sun and the wind and the rain on his face. It is getting off by oneself on the edge of a meadow creek; it is following a clear-water singing brook through a quiet woodland; it is sitting in a boat on a peaceful tree-circled pond.

Fishing is the chance to get away from the pressures of office and factory; it is a time to watch the sky and clouds, the red-winged blackbirds and a woodcock poking in the clover patch. In beehives of population one forgets the sound of a singing stream, the serenity and faith-restoring steadiness of friendly trees, the green of new grass, the blue of violets' faces along the brook edge, and the challenge of a cock pheasant's crow from woodland edge.

Fishing gives a man a chance to get caught up with himself, and when he comes home, a bit tired physically but refueled in heart and mind, he knows that a day's fishing has done something for him.

★ ★ ★

### Harvest of death

(The Herald Tribune, Grande Prairie, Alberta)

There is a harvest that knows no season. It's a harvest of useful citizens claimed every year by death in highway accidents.

Black headlines, photographs of twisted wreckage and the stark news reports of fatalities are mute evidence of the tragic waste.

It's doubtful that highway accidents can be eliminated altogether. But every driver can take steps that are measurably important in reducing the possibility of an accident.

A combination of care, courtesy and caution makes for safety on the road. You must drive carefully and courteously, and have the cautious approach to every situation you encounter as a driver. Further, you must make sure your car is in good travelling condition.

Finally, each driver should be sure he is fit to drive, that he is not overtired, or affected by alcohol.

When a new week starts, this is one way to be sure that you are not merely a name in a casualty list, one of so many "killed in weekend accidents."



## DAYLINERS TO START RUNNING THROUGH 'PASS IN NOVEMBER

About November the Canadian Pacific Railway will replace the present passenger service trains between Medicine Hat and Vancouver with a new service utilizing rail diesel cars known as Dayliners.

The tentative schedule calls for departure from Medicine Hat at 10:10 a.m., arrival at Lethbridge at 12:25 p.m., departure at 1:05 p.m. and arrival at Crows Nest at 3:55 p.m.

The Dayliner will reach Nelson late in the same evening and Vancouver in the afternoon of the following day.

Eastward the train will leave Vancouver in the afternoon, arrive in Nelson early the following morning, leave Crows Nest at 3:30 p.m., arrive at Lethbridge at 6:05 p.m., leave the city at 6:50 p.m. and arrive at Medicine Hat at 9:05 p.m.

### 11 Hours Faster

In addition to reducing the time in transit from the present service by approximately 11 hours, the new schedule will permit connections

at Medicine Hat with "The Canadian" — trans-continental train of the CPR — in both directions and at the same time maintain present connections to Lethbridge and points west.

The new equipment is designed for maximum comfort and a light lunch service will be available to passengers.

A comprehensive plan will also be initiated at the same time for the movement of express traffic by highway over the entire Medicine Hat - Vancouver route through the Crows Nest Pass.

Mail will also be moved on the highway, this being arranged by the post office department. CPR representatives will visit all affected communities in the near future to provide full details of the new arrangements.

## ALBERTA COAL MAY FIND JAPANESE MARKET

(Courtesy The Calgary Herald)

Alberta coal may yet find a market in Japan. It will not be immediately, but Japanese industrialists are keenly interested in the coal potentialities of the province and have asked for extensive information on it. W. C. Whittaker, managing director of the Coal Operators' Association of Western Canada, met recently with a Japanese steel mission, now visiting Canada, and found much to encourage Alberta operators.

Members of the mission represented the Japanese Iron and Steel Federation. The mission is to be followed, in turn, by a group of Japanese scientists and technicians.

At present Mr. Whittaker pointed out, Japan imports 3,000,000 tons of coal and coke annually, most of it from Western United States. Canada has made some shipments—one was made recently from Canmore—but they are only test shipments.

Alberta coal, however, has some advantages over the U.S. product. Certain local coals are ideal for blending with foreign coals to make coke. In fact the Michel mines now supply coal to U.S. Steel for that purpose. Canmore coal, a high-carbon low-ash product, is also sought in Japan.

**Some Handicaps**  
Before Alberta coal can find a market in Japan — assuming the Japanese decide they want it—

some obstacles must be overcome. Freight rates to the Pacific coast are a big factor in the cost. There is also the rapid variation in ocean shipping rates. Ocean rates are vastly more unstable than rail rates. It might be immensely profitable one month to ship coal to Japan and equally unprofitable, with a quick hike in rates.

Another handicap is the lack of bulk terminal facilities in Vancouver. Coal for the Orient now has to go through Portland, Oregon, an unsatisfactory situation from the Canadian standpoint.

However, if Canada can be given reasonable assurance of a continuing Japanese market, capital could be found to build facilities.

"Some Vancouver interests are already studying the situation," said Mr. Whittaker, "and with encouragement would be ready to go ahead."

## Urge H. S. Grads Hury in \$5,000 Press Contest

Less than a month remains for high school graduates to enter the \$5,000 weekly newspaper contest to prepare at Ryerson Institute of Technology, in Toronto, for a publishing career.

Ten bursaries of \$500 each are being offered graduates to launch them on a training program to prepare for a role in the weekly press. Contestants will write a 1500-word essay on The Weekly Newspaper. Applications for the contest have been received from British Columbia to Newfoundland.

Students will register in Printing Management, a course designed to teach students the management of the printing industry. Former graduates have become estimators, equipment salesmen, ink, paper and supply salesmen, assistants to superintendents, production controllers, at starting salaries ranging from \$65 to \$75 a week.

At the request of weekly newspaper publishers, Ryerson has agreed to enrich this management course with such journalism subjects as reporting and feature writing, copy editing and page layouts, editorial page work, press photography and newspaper law. With such preparation, graduates should fit into the future management of the weekly press.

The bursary fund was established at Ryerson Institute of Technology by All Canada Insurance Federation. Information on the contest may be obtained from this newspaper, or E. U. Schrader, director of Printing Management

and Journalism, Ryerson Institute of Technology, 50 Gould Street, Toronto 2, Ontario.

## Coleman Residents Improve Homes

Alterations and improvements and a coat of paint applied has greatly changed the large house on Third street occupied by bank manager E. Howard and owned by The Canadian Bank of Commerce.

The roof is a lovely red with the upper part of the house a bright yellow and the lower part a soft green.

A new fence has been added and a porch on the rear of the house. With a new lawn seeded the house has assumed a very attractive appearance.

Mr. Howard stated several improvements had been done on the interior and completely re-decorated.

The bank building itself has also been improved. An attractive rodeo headquarters sign hangs over the door.

The vault and downstairs has received a paint job. New linoleum has also been laid. To top off a good job the red ensign flag flies over the bank, adding a colorful note to the street.

It is too bad this is the only building flying a flag and it would be a very good thing if more flags were mounted on the town buildings.

Other citizens who have taken pride in improving their buildings are the Gerald Clarkes on Sixth street, who have painted a red roof, grey sidewalks and a white trim to make a very attractive home.

The Castellano home has received white sidewalks, blue trim and a sparkling red roof to greatly im-

prove its appearance.

F. DeCocco, across the street from Mr. Castellano, not to be outdone, has painted his home, the upper part being a light green. The lower half a brick red and a green roof.

So, come on, citizens of Coleman — take a lift from your neighbors and pride in your community, and improve your property also.

Keep up your optimism and don't let anyone say Coleman has not got a fighting spirit.

## Canada Enters First Month of Campaign Against Speeders

OTTAWA, N.O. — Canada is in its first month of a three-month vacation — time campaign against the "in-a-hurry" motorist.

It is too early to judge the trend of the drive or to estimate its effect, but evidence has reached its sponsor, the Canadian Highway Safety Conference, that agencies all across the nation are taking up the cudgels in the war on speed.

The campaign, bearing the slogan-title of "Slow Down and Live" coincides in Canada with a parallel drive being carried out in the U. S. and Puerto Rico.

Police magistrates and judges, provincial and community safety organizations, provincial government departments and officials, industry and various associations and societies are giving active support to the "Slow Down and Live" effort.

They aim their guns not alone at the speeder, who is termed by the Conference as one of the deadliest menaces on wheels but at the driver in a hurry. This includes the motorist who cuts in and out of traffic, tries every trick of the road to "make time" especially on long trips, crowds the rear of the car ahead, ignores the right of way when the other traffic has it, insists on maintaining high speed in rain, fog, heavy traffic, road construction and other hazards, ignores speed restrictions in built-

up sections. "He's the impatient one. He knows better, but he neglects what he knows," says the Conference.

This campaign has the support of Canada's governor-general and prime minister, the provincial premiers as well as the president of the United States and the state governors. Transport and transit groups are working at it and the public has been urged to participate as strongly as they can.

"Speed kills" reads the campaign material. "Slow Down and Live".

## A. A. C. of C. Elect W. D. MacDonald President

President of the Alberta Associated Chambers of Commerce and Agriculture, elected at the 19th annual meeting of the association, held in Edmonton on June 11 and 12, is W. D. MacDonald, well-known farmer and shorthorn man from Granger.

The convention elected A. W. Shackleton, Lethbridge theatre operator, as first vice-president, and D. B. Hunter of Athabasca as the second vice-president.

Members of the Executive committee of the association, in addition to the president and the vice-presidents, are—

E. E. Peterson of Calgary, J. C. Miller of Medicine Hat, A. F. Shortall of Lloydminster, G. M. Peacock, Q.C., of Edmonton, and J. Ersfeld of Peace River.

Directors elected by the member boards of trade and chambers of commerce to represent the various zones into which the association has divided the province include Zone 4 with J. Kerr of Frank as director for this area.

Delegates to the convention were from 42 Alberta communities, the largest number of local boards of trade and chambers of commerce to have been represented at any annual meeting of the Associated Chambers.

During the convention, the delegates adopted a resolution expres-

sing disapproval of the use of trading stamps in retailing, and urging the Alberta attorney general to legislate against them if their use appears to be spreading in this province.

Another resolution adopted by the convention urged the construction of a highway to open up the vast northeastern area of the province of Alberta.

The prompt start of construction of a railway to accelerate the development of Northern Alberta and the Mackenzie district of the Northwest Territories, — running from the Peace River district to Great Slave Lake, and the provision by the Alberta government of Crown land for right of way for this railway, were urged in other resolutions adopted by the delegates.

Forest fire prevention, the operating problems of residents of national parks, uniformity of under-education standards across Canada, the creation of a federal - provincial Canadian highways organization to finance and construct inter-provincial highways and roads, movement of grain, provincial parks and the supply of district agriculturists were additional subjects dealt with by the delegates in their consideration of six statements of broad association policy and 27 resolutions — carried over from previous years together with 15 new resolutions submitted for the first time to the 1957 convention.

The convention approved the recommendation of the outgoing bd. of directors that the 20th annual meeting of the association be held in Calgary in 1958.

## "TIDE RIPS"

(By Jim Drahun)

The common run of the mill kitchen chair has little excuse for giving its designer a headache. But, when it came to obtaining a chair suitable for use aboard Canada's newest warships, the designer developed one big pain in the head. The Navy had asked for chairs

which were of good appearance, were capable of being stowed in close fitting stacks, and sturdy enough to be able to withstand the worst treatment that could be dished out by a North Atlantic gale.

Aboard these new ships bunks have replaced the hammocks for sleeping accommodation and chromium trimmed cafeterias have taken over from the old style of messing. Although some of the bunks had been built to do double as net-works, it was soon found that chairs would have to be introduced for seating purposes in messes, cafeterias and in recreation spaces. So went the hunt for a suitable chair.

A nesting chair of the aluminum garden type first came to the designer's mind, but this was not considered rugged enough to withstand the punishment it would have to take in heavy weather.

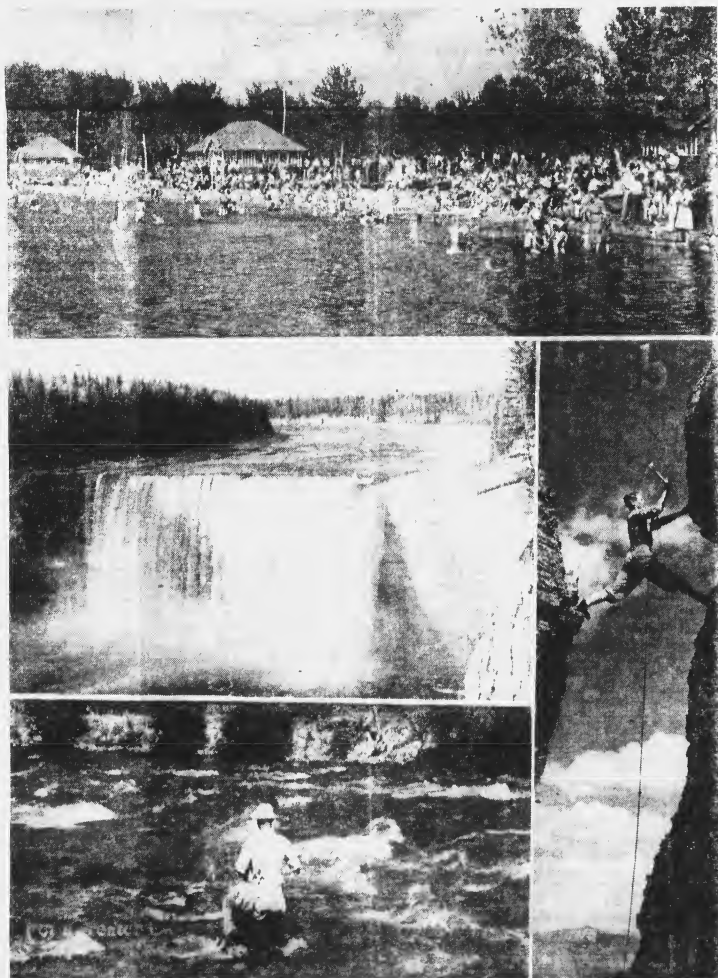
A chair was designed which fitted the specifications perfectly. It was given the durability test by placing it in the guest room of a naval mess, where it proved without a doubt it could take normal usage in its stride.

Then came the acid test, could it withstand anything it was likely to encounter at sea. A commander who weighed 180 pounds sat in the chair and tipped it backwards, while another officer who scaled 250 pounds bore down on the commander's shoulders. The chair collapsed, so the manufacturers were told a stronger alloy was necessary.

The next chair to be put to the tests withstood them all including the officers' combined weights. It further proved its toughness by coming through unscathed when dropped from a fourth storey window.

Although chairs may be the most taken for granted furniture in the home, their sea-going cousins are rugged individuals and can stand practically anything — including termites.

The unrivaled scenic splendor of the Rocky Mountains in Alberta is a perpetual magnet for artists and color camera enthusiasts.



From thrills to relaxation, from sport to sightseeing, virtually every type of holiday attraction is available to the vacationer in Alberta. Thousands of Albertans who have not previously enjoyed the facilities of their own province are now doing so. Examples of the attractions to be found in Alberta

are shown above, with the fine beach at Elk Island Park, top, representative of the hundreds of other lakes and beaches in the province enjoyed by residents and visitors alike.

Right, a perilous moment in a mountaineering trip in the Jasper National Park. There are climbs

suitable to climbers of all ranges of experience in the province's national parks. The roaring tumble of great masses of water toppling over Alexander Falls, along the Mackenzie Highway, is drawing increasing numbers of Albertans to that section of the province each

year. Bottom, fishermen can find game fish to their liking in almost all lakes and water courses in Alberta as a consequence of fine natural conditions and of an extended fish planting program by the Department of Lands and Forests.



### Polliwogs...and Pennies

"Dad says having fun is part of growing up... and so is saving. It's never too early— or too late—to save, he tells us. So Vicki and I both have Savings Accounts at Dad's bank. We're all saving regularly at **THE CANADIAN BANK OF COMMERCE**"

765 BRANCHES ACROSS CANADA READY TO SERVE YOU

COLEMAN BRANCH - E. D. HOWARD, Manager

### Personalities In The News

Due to an error we stated that Mr. Mark Sartoris of Trail B.C., father of Mrs. Ed. Woods was ill. We are happy to say this is not so and apologize for this mistake.

Mr. and Mrs. Peter Kelley of Penticton are visiting the letters mother Mrs. R. Hoggan.

Mrs. Alf Brander and baby daughter of Langdon are visiting her parents Mr. and Mrs. Stelmachovich.

Many visitors were here from various points to attend the rodeo last Saturday, it was impossible to see them all but listed below are a few we were able to meet: Mr. and Mrs. George Evans and Mr. D. Gillespie, of Vancouver; Ken Fry of Prince Rupert; Mr. and Mrs. W. Bennett, Mr. and Mrs. J. B. Fischer, Mr. and Mrs. H. Hedley, Mr. and Mrs. A. Jordan and Mr. and Mrs. H. McCartney of Fort Macleod; Mr. Geo. Dwyer, Mr. and Mrs. D. DeSmith and Mr. and Mrs. T. M. Brown of Pincher Creek; Mr. and Mrs. Dewar Smith and Mr. and Mrs. W. Dwyer of Lundbreck; Mrs. S. Miller, Mrs. H. Thiessen and daughter, Butch Fry, Mr. R. Hill and Mr. and Mrs. H. Pharis of Calgary; Mr. and Mrs. Ken Blain and daughters of Kimberley and Mrs. Hazel Davis of Lethbridge.

Miss Gail Yoshinaka of Lethbridge, visited at the home of Mr. and Mrs. F. DeCero last week.

Mr. and Mrs. Lew Andy of Vancouver, visited with friends here last week.

Tommy Rose of Vancouver is visiting in Coleman, the guest of Mr. and Mrs. F. Hirst.

Dick Fisher of Vancouver visited friends and renewed acquaintances here last week.

Mr. and Mrs. J. Jenkins of Vancouver, visited relatives and friends last week.

Mr. and Mrs. Fred Lloyd and family, accompanied by Mr. and Mrs. W. Marland of Calgary, visited here Friday enroute to Vancouver. Mr. Lloyd, who was stationed with the RCAF at Montreal, has been transferred to the West Coast.

Ernie Olafson and Mike Karba left for Vancouver on Friday. From there they will fly to Sweden where they will enjoy an extended holiday.

James and William Smith, Jr., visited their parents over the weekend.

Mr. and Mrs. Albert Dunford and family of Estevan, Sask., and Mr. and Mrs. Ivan Dunford and son of Vancouver, visited relatives here last week.

Rev. Fred Antrobus of Yorkton, Sask., visited at the home of Mr. and Mrs. A. McQuarrie enroute home from Baptist ministers' convention at Vancouver.

Mr. and Mrs. Cliff Picard of Kimberley attended the Rodeo and visited friends over the week-end.

Mr. and Mrs. R. Hill and family of Calgary, visited for the week-end guests of Mr. and Mrs. R. Pattinson.

### ---Weddings---

#### Cornett - Martinek

A double ring ceremony united in marriage Miss Greta Martinek of Calgary, formerly of Hilliergast, and Alexander Cornett of Calgary, formerly of Coleman, at Lady of Perpetual Help Church, Calgary, at 1 p.m. Saturday, June 29.

The bride is the daughter of Mr. and Mrs. Joe Martinek of Calgary, and the groom the son of Mr. and Mrs. M. Cornett of Coleman. Father Swift officiated.

The bride entered the church, which was decorated with fresh flowers, on the arm of her father. She was radiant in a floor-length gown of white nylon net and lace, accented by a hoop skirt and featuring long lily point sleeves and a sweetheart neckline. Sequins dotted the dress and train. A finger tip veil of Chantilly lace completed her ensemble and she carried a cascading bouquet of red roses. Her only jewelry was a string of pearls a gift of the groom.

Miss Annie Schina of Calgary, and Miss Elsie Bochet of Fernie were bridesmaids. They wore similar dresses in net over satin with matching boleros in yellow and peach respectively, and carried Colonial bouquets of matching colors.

Mr. Frank Oliva of Edmonton, and Mr. Frank Lipovski of Calgary were best men. Eddie Cornett of Coleman, brother of the groom was ring-bearer and Beverly Nee of Calgary, niece of the bride, was flower girl. Her Colonial gown, featuring hoop skirt was blue and she carried white mums.

During the nuptial mass the soloist sang "Ave Maria".

A wedding dinner for the family was held at the bride's sisters home Mrs. Lon Nee and was attended by some 40 people.

The reception and wedding dance was held at the Polish hall, Calgary and was attended by 150 guests. The bride's table was decorated with flowers and centered with a three-tiered wedding cake. The cake was baked in tulle and topped by doves; and red roses set in silver vases. The toast was proposed by Frank Oliva and responded to by the groom.

For a honeymoon trip to Yellowstone park the bride donned a sleath dress of rose and matching duster, complimented with white accessories. Her corsage was pink rose buds. The happy couple will make their home in Calgary.

Guests for the wedding were from Fernie, Coleman, Bellevue, Edmonton, Delburne and Calgary.

### Rash of Break-ins At Blaimore

Blaimore police are checking a sudden rash of break-ins staged last week by thieves. The value of goods and cash taken has not been compiled as yet, as inventories are being taken.

Three business houses entered by the breaking of front doors, were the F. M. Thompson Co. Food and Drygoods, The Crown Nest Bottling Works and the Sulphur Springs service station.

### Mayor to New Post

Mayor William Gray of Blaimore, has taken over the position of assistant manager of the Pass hotel in Blaimore. Mayor Gray's new duties began July 1.

Prior to accepting his new position Mayor Gray was secretary of the Blaimore local union of the United Mine Workers of America which dispersed with the shutdown of the Greenhill mine at Blaimore earlier this spring.

Mayor Gray has been secretary of the local union for seven years and has held the position of mayor for seven years.

### Letters to the Editor

Calgary, Alberta,

July 8, 1957.

Dear Tommy: Enclosed find \$3 for another year. We have been gone turned three years, but still look forward to The Journal.

Hope you and Mildred are in the best of health.

Sincerely,

SADIE SIST,

314 - 7th Ave. N.W., Calgary, Alberta.

### Letters to the Editor

Warner Road,

St. David's, Ont.

June 2, 1957

Dear Mr. Holstead: Enclosed please find money order for six dollars to pay up our subscription.

Everyone here is fine and we hope this finds you and family the same. Ken is getting married in September and will live in Niagara on the Lake.

We had a nice visit with Mr. and Mrs. Harry Bolton before they left for Coleman. It was pleasant hearing all about the old town and friends that mean so much to us.

Bye now and best regards to all.

Sincerely,

V. E. PETRUNICK,  
(Mrs. J. K.)

### Elks Close Bingo Season

A successful bingo season was brought to a close on Friday evening by the Elks Lodge when the final game until September, was played.

The attendance jackpot of \$138 was not all won—Mrs. Mellina of Trail, who had only attended eight bingos, won \$49 of this jackpot in the final blackout.

Another blackout of \$40 was played for and won by Mrs. T. Newton of Bellevue.

Other lucky winners for the evening were:

Coffee percolator, Mrs. W. LeCroc.

Groceries, A. Gettman and Mrs. I. Caroe, split prize.

25 gals. gas, split by Mrs. H. Draper and F. Wallace.

Hostess chair, Mrs. J. Atkinson.

Sheets and pillow cases, Mrs. J. Field.

\$25 cash, Mrs. J. Atkinson.

Camp stove, Mrs. R. Campbell.

Fishing rod, R. Yekik, Jr., Bellevue.

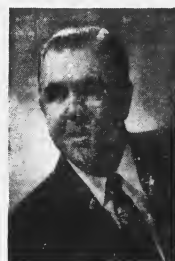
Luggage, Mrs. W. Kinnear.

Groceries, Mrs. W. Roughhead, and Mrs. F. Hirst, split prize.

Lamps, Marlene Korman.

Consolation winners were Mrs. R. Tiffin and Mrs. W. Kubla.

### Lions Elect International President



Edward G. Barry of Little Rock, Arkansas has been elected International President of Lions International at the association's 40th Annual Convention in San Francisco, California. Lions International, with 464,300 members in 82 countries or regions, is the world's largest service club organization.



### Attend Church

#### ST. PAUL'S United Church

—COLEMAN—

Rev. R. MacAulay, Minister Sunday

10 a.m.—Church Service.

No evening service during July and August.

3rd Monday of each month at 7:30 p.m.—Men's Club.

#### SALVATION ARMY SERVICES

Come and bring a friend.

Sunday

11 a.m. Sunday School for all ages.

7:30 p.m.—Salvation Meeting

Wednesday

8:00 p.m., Prayer Meeting.

Thursday

8:00 p.m. Home League.

New members welcome.

Friday

8:00 p.m. Hobby classes for boys and girls.

7:30 p.m. Youth Group.

### Classified Ads

**FOR SALE**  
**FIREWOOD FOR SALE**—Stove length size. For further particulars Phone 3907, Coleman.  
3tp.

110 Volt, 2000 Watt Lighting Plant, in A-1 shape. Contact Mr. L. Hall, or Phone R-217, Cowley, Alta. 3tp.

**HOUSE FOR SALE**—4 roomed House with Pantry on Second Street, Coleman, next door to Mr. Salant's residence. For further information contact Mr. Ted Antkowiak or Alex. Prowski, East Coleman. 4tp.

**HOUSE for SALE**—8-roomed House on 4th Street, Coleman. For further particulars apply to Mrs. E. W. Derbyshire, Phone 3949.  
3tp.

### "WATKINS PRODUCTS"

Phone F. A. 78722, or write A. Gallant,  
1248 - 5 Ave., S.  
Lethbridge, Alta.  
3np.

### EDUCATIONAL

**BE A HAIRDRESSER**—Join Canada's leading school. Great opportunity. Learn hairdressing. Big wages. Thousands successful. Pleasant, dignified profession. Full Jacobson's graduates. America's greatest system. Illustrated catalogue free. Write or call Jacobson's Beauty Academy, 123A 8th Ave., W. Calgary.

### BILL'S TAXI

DAY PHONE 2953  
NIGHT PHONE 3712

### BUILDING CONTRACTORS

Builders' Headquarters  
Celli's Building Supplies

### Central Service

Bellevue, Alberta  
When you need the MOTOR OIL you use, call and see us, we handle 26 of the most finest Canadian and American Brands.

### LOW RAIL FARES TO SASKATOON INDUSTRIAL EXHIBITION

JULY 22 to 27

**ONE WAY FARE AND ONE-HALF FOR THE ROUND TRIP**  
(Minimum Fare \$6)

From all stations in Manitoba, Saskatchewan and Alberta

**TICKETS ON SALE: JULY 20 to 27**

**RETURN LIMIT, JULY 29** (If no train July 29, first available train thereafter.)

Consult your ticket agent

**Canadian Pacific**  
WORLD'S GREATEST TRAVEL SYSTEM

- O-K -

### RUBBER STAMPS

PROMPT SERVICE  
The Coleman Journal

### REMINGTON PORTABLE TYPEWRITERS

Ribbons, Carbon Paper, etc., on sale at The Journal office

### YOUNG MEN

#### Your Army Recruiter

Sgt. Ron Wake, RCD

WILL BE AT

The Grand Union Hotel

from 2 p.m. to 5 p.m.

Thurs., July 25th

Drop in and see him about a career in the Regular Army



# Canadian Weekly Features

Set of seven!

7286

FRI.



by Alice Brooks

Puppy tries to help with chores—and his amusing antics make gay decorations for towels! So easy, a child can help you embroider these for gifts; bazaars.

Pattern 7286: Transfer of seven different motifs about 6x7 inches; one for each day of the week!

To obtain this pattern send thirty-five cents in coins (stamps cannot be accepted) to:

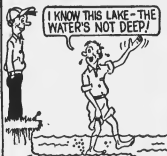
Household Arts Department,  
Department P.P.L.,  
60 Front Street, W., Toronto.

A bonus for our readers—two FREE patterns, printed in our new Alice Brooks Needlecraft Book for 1957! Plus a wonderful variety of designs to order—crochet, knitting, embroidery, huck weaving, toys, dolls, others. Send 25 cents for your copy of this exciting NEW needle book—now!

There are "shooting stars" smaller than a human's thumb. They burn out before they strike the earth.

3251

## RED CROSS WATER SAFETY



### SAFETY SAM SAYS:

REMEMBER BOYS AND GIRLS, FLOOD WATERS THIS YEAR HAVE CHANGED MOST SHORE-LINES ON LAKES AND RIVERS—BOTTOM MIGHT NOT BE WHERE IT WAS LAST YEAR

COURTESY OF CANADIAN RED CROSS (CAN. DIVISION)

## Business Setting-Up Auto Wrecking South of Town

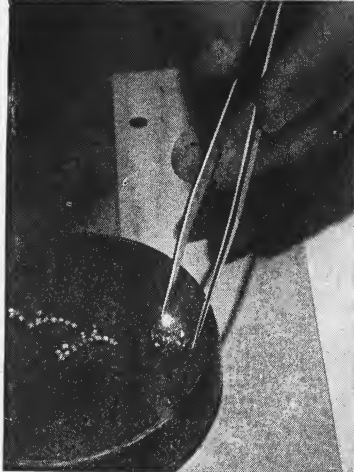
A new venture for this immediate area is being established just south of town, with H. L. Jones, of Roblin, announcing in this issue his auto wrecking yard. This type of business is becoming quite common and will no doubt alleviate the unsightly piles that spring up on vacant lots in town.—The Banner, Russell, Man.—May 23, 1957.

## BUILDING PERMITS

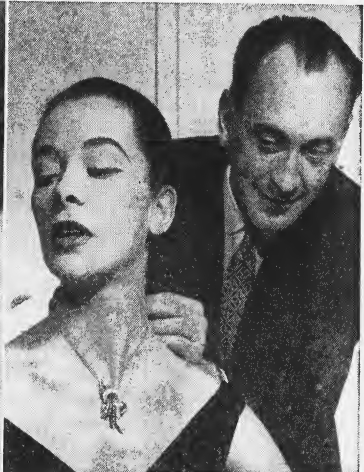
Four building permits were approved by Council Monday night and included alterations to two residences, one move-in and remodelling of a duplex to provide basement suits.—The Journal, Humboldt, Sask.—May 30, 1957.

As goldfish grow older their coloring gradually fades out.

## Canadian Custom Jewellery. The Ultimate in Good Grooming



The indestructible diamond rose to eminence as the world's most popular jewel with the opening up of the rich diamond mines in South Africa during the latter part of the 19th century.



The urge to adorn oneself is one of the first steps of barbaric man towards civilization. Stone age matrons had to be content with necklets of animals' teeth. Today, diamonds are a girl's best friend.



Jewellery may be sought for reasons other than personal adornment. Many people regard the purchase of jewels as a form of investment in addition to being a source of delight and pleasure. Jewels are a kind of universal currency,

for they can be readily converted into cash in any country in the world where there are men who love beautiful women and women who love beautiful things.

Once the unique distinction of emperors and kings, tailor-made jewellery is finding increasing favour with discriminating Canadian women. Montrealeur Gabriel Lucas designed this delicate brooch of diamonds and pearls.



Custom-made jewellery, as every pampered poodle and their fashionable mistresses know, is the final elegant touch which marks the ultimate in good grooming.

National Film Board of Canada Photos by Gar Lunney.



At the rear of Gabriel Lucas' fashionable Sherbrooke Street shop in downtown Montreal, master craftsmen transfer the designer's sketch into an exquisite setting of precious gems for m'lady's jewel-box. Many of these

highly skilled workers have been brought to Canada from such European countries as France and Belgium where the ancient jeweller's art is still taught under a strict apprenticeship system.



## Gary Holland Wins 2nd Year Honors

Gary Holland has won honors in his second year Law course, the University of Manitoba has announced.

Gary was born in St. James. He has attended Linwood and St. James collegiate and is a Bachelor of Arts graduate of the University of Manitoba. He is articling with Thompson, Dilts, Jones, Hall and Dewar.

He is a son of Mr. and Mrs. A. F. Holland, 321 Linwood St. The Leader, St. James, Man.,

## Fashions

One day's sewing!



4553  
12-20 x 30-42

### PRINTED PATTERN

See the diagram—even a beginner can make this dress in a day! Minimum details — a world of style. Curvy neckline, fitted bodice, flare skirt are so flattering!

Printed directions on each pattern part. Easier, faster, accurate. Printed Pattern 4553: Misses' sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32. Size 16 requires 3½ yards 39-inch fabric.

Send forty cents (40c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to:

Anne Adams Pattern Dept., Department P.L.L., 60 Front Street, W., Toronto

Be sure to write plainly your Name, Address, and Pattern Number. 3251



—Canadian Army photo. SOLDIER APPRENTICES—A group of the soldier apprentices after they were welcomed in Sherwood. Left to right are: Gnr. Dick Rook, Lintlaw, Sask.; Gnr. Les Hall, Raymore, Sask., and Gnr. John Hamilton, Lintlaw.

Sherwood, North Dakota.—Canadian soldier apprentices were credited by Mayor Russell Steeves with making this community's 20th annual Memorial Day services a marked success.

Also taking part in the service here were members of six Canadian Legion Branches and veterans from the Manitoba, Saskatchewan and North Dakota border areas. The 16 and 17-year-old soldiers from the Royal Canadian School of Artillery formed a rifle troop and a 24-piece military band.

Assembling at the U.S.-Canadian border, the young soldiers and uniformed veterans of the U.S. armed forces lined the route while national flags and Legion colors were trooped down the ranks. About 1,200 spectators watched the ceremonial at this town of 394 population located 10 miles south of Gainsborough, Sask.

Four soldier apprentices stood guard with arms reversed at the memorial to the Unknown Soldier for the wreath-laying ceremony following a remembrance service. Jack Burton, retired customs officer and member of the Carleton Place, Sask., Legion Branch placed the wreath. Major Frank Michie of

## St. James Will Join Suburbs in Metro Exploration Talks

The City of St. James will join with other members of the Greater Winnipeg family of municipalities at a meeting to be held on Wednesday evening in the Fort Garry municipal hall with a view to presenting a close front on the matter of a metropolitan plan. The meeting is being convened by the Fort Garry mayor, R. D. Chase, who is taking the initiative in attempting to present a solid front for a final brief from all the municipalities in view of the recent total amalgamation brief presented by the city of Winnipeg.

The Leader, St. James, Man.

Kingston, Ont., was in command of the Camp Shilo group.

Canadian Legion Branches taking part in the ceremonies were Gainsborough, Carleton Place, Carleton Place, Oxbow, Alameda and the combined branch of Storthoaks, Nottingham and Alida, Sask. Legion parade marshal was Sidney Mann of Storthoaks.

Members of the American Legion Post 213 have been invited to take part in the Canadian Remembrance Day ceremonies on November 11 at Gainsborough, Sask.

## Ask any gardener

By Thomas Usk

Vacations are no problem with me. How can I go off and leave the garden?

Whenever my wife mentions a vacation, I spread my hands in a gesture that implies with what alacrity I would leap to spend a king's ransom at some crowded resort if I were free.

My wife understands me. And despite her occasional protest, she's in favor of that back yard garden. It's a safety valve. That's where I cultivate serenity and string beans, cabbages and contentment.

"What's so good about a garden?" my civilized friends want to know. The back yard looks as sleekly groomed as I do not. The flower borders are trim, the lawn precisely edged. And there I stand, a study in grime and perspiration.

Dinner guests who are supposed to be dazzled by our strawberries are skeptical instead. "Money can buy such fruit," their attitude implies. "Why exert yourself?"

The pleasure of gardening is one, perhaps, that a man must discover for himself. Those first tomatoes in our back yard were planted by a neighbor, whose yard adjoins mine. He is a retired farmer in his eighties, durable as an oak. After he had given me some of the fruits from his labor, he introduced me to the labor itself. Soon it was a labor of love. The lawn in the back disappeared as my enthusiasm spread.

My neighbor lends a hand in my garden occasionally, when he runs out of work in his own. He can work twice as hard as I, with half the effort.

I find it labor with no mental strain. I there's frustration involved, it's the tolerable kind. A stonk of corn may wither, but it won't talk back. There are no qualms in fighting cutworms to a standstill. Let the birds have a holiday with ripening cherries. The season is young and there will be others—other birds, other cherries, other seasons.

In a garden, a man may be alone with his thoughts. Peace enters his soul from his pores. The nerves relax as muscles tighten. A combination of hard work and solitude in the open air produces an exhilarating weariness. Followed by a shower, a snack and a siesta, it makes a man feel like a million dollars tax-exempt.

A man's garden is his caste. It's also a hobby he can share. "I can be prevailed upon," I tell my son, "to let you do some digging for me."

"Thanks, pal," he shudders. But he's proud of his superior speed and stamina with a spading fork. When he pulls a Tom Sawyer, I find a crew of boys vying for top honors in noise and energy. My son feels quite indulgent toward me as he provides needed help.

So does his little sister, convinced that I could never succeed alone. Together we sow corn, beans, carrots. Together we transplant seedlings. A couple of years ago, her dubious brand of help reminded me of the inscription in a book: "This book is dedicated to my wife, without whose help it would have been finished in half the time."

Now my seven-year-old is less of a handicap. And our time is well spent. It means something to her when a tendril pushes through the ground and is first two leaves unfold. Then her interest wanes until the fruits begin to form; the emerald green peppers, the doll-sized tomatoes. Her interest is in full flower, come picking and eating time. She needs supervision here. One yank and up comes the whole bean plant. At damage done by a helpful child, I emit a real yelp or anguish. Then perspective sets in. What are a few plants compared with a small thumb getting greener every year?

My wife is a partner in the harvest, though not a silent one. "Just when I think I've sealed that last jar and labeled that last package," she complained last fall, "I find the counter full of another mountain of tomatoes!"

"No blight this year," I said complacently. "Except on my life," she muttered. "I blanch with the aspara-

gus, I simmer with the syrups."

Out came my first brand of soft soap. "Look how well-nourished your family is. You're one with the pioneer women."

"And beginning to feel just as ancient," she retorted.

What grows in a garden? There are the obvious good things to eat, of course; a finer brand than any market purveys. No one has really tasted corn who hasn't picked, dunked and devoured it within the quarter hour.

But there is also more than meets the eye. For the home-loving man, a garden keeps him right where he wants to be. Who will plant, if he gets the wanderlust? Who will weed, water and spray? He and his family don't lightly indulge in that great modern pastime of traveling bumper to bumper on congested highways.

What grows in a garden? Co-

## Taber Fire Chief Dies While Driving Utility Truck on Local Streets

Stricken with a heart attack while driving the department's utility truck along 52nd St. about 10 a.m. Wednesday morning, Taber's fire chief, Joseph Theodore (Slim) Jahrens, 58, passed away suddenly in the truck, ...

Fortunately the late Mr. Jahrens was travelling slowly and the truck grazed the fence at Henry Doell's residence causing some damage, but nothing serious; the truck was not damaged. —The Times, Taber, Alta.—May 30, 1957.

operation grows there, as the family shares the work. Generous impulses grow there, as the harvest is divided with the friends and neighbors. Stability grows there, in working partnership with nature.

What grows in a garden, gives every season a special flavor. Ask any gardener.

## Sweet Treat

And so easy with fast-rising Fleischmann's Active Dry Yeast... a treat that will bring demands for "more, please!"



### Honey Bun Coffee Cake

1. In an 8-inch square cake pan, melt

3 tablespoons butter or margarine

Drizzle with

½ cup honey

and sprinkle with:

½ cup broken salted nuts

2. Soak

½ cup milk

Remove from heat and stir in

¼ cup honey

¾ teaspoon salt

¾ cup shortening

Cool to lukewarm.

3. In the meantime, measure into a large bowl:

½ cup lukewarm water

1 teaspoon granulated sugar

and stir until sugar is dissolved.

Sprinkle with contents of 1 envelope

Fleischmann's

Active Dry Yeast

Let stand 10 minutes, THEN

stir well. Stir the lukewarm

milk mixture and

1 well-beaten egg

½ teaspoon vanilla

into the yeast mixture.

Sift together once

2 cups once-sifted

all-purpose flour

¾ teaspoon ground

cinnamon

Sift dry ingredients into yeast

mixture and stir until well

blended—about 1 minute.

4. Spoon mixture into pre-

pared cake pan. Cover. Let

rise in a warm place, free from

draft, until doubled in bulk—

about 1½ hours. Bake in a

moderately hot oven, 375°,

about 35 minutes. Turn out of

pan immediately. Serve warm.

Needs no

refrigeration



Jane Ashley Says

"Try this favorite recipe"

## FRESH RHUBARB PIE

1 recipe pastry

1 pound rhubarb (4 cups diced)

3 tablespoons BENSON'S or CANADA

Corn Starch

½ cup granulated sugar

½ teaspoon salt

¾ cup CROWN BRAND Corn Syrup

1 tablespoon butter, melted

LINE 9-inch pie pan with part of the pastry rolled

½ inch thick.

WASH rhubarb and cut into 1-inch lengths; place in

pastry shell.

COMBINE BENSON'S or CANADA Corn Starch, sugar

and salt.

ADD CROWN BRAND Corn Syrup and butter, mixing

well, pour over rhubarb.

ARRANGE lattice of pastry strips across top.

BAKE at 450°F. for 15 minutes; reduce heat to 350°F.

and bake 45 minutes longer or until crust is golden brown.



For free folder of other

delicious recipes, write to:

Jane Ashley,

Home Service Department,

THE CANADA STARCH COMPANY

LIMITED

P.O. Box 129, Montreal, P.Q.

FREE!

Win this

1957

Emerson

Portable 14"

TV SET



World's first 5-way Portable Entertainer... T.V. — Radio — Phono — Personal listening attachment — Can be used in Car or Boat. See it now at your dealer.

send in your entry today!  
NOTHING TO BUY—NOTHING TO SELL!

Just

answer

this

simple

question

ONE WORD IS  
SPELLED WRONG IN  
THIS ADVERTISEMENT.  
WHICH IS IT?

all it costs you is a postage stamp!

Contest winner's name will be drawn July 3rd

and will be announced in this paper as soon as possible

FILL IN... CLIP AND MAIL TODAY... PLEASE PRINT

EMERSON RADIO CO. OF CANADA LIMITED

74 TRENTON AVE. TOWN OF MT. ROYAL, P.Q.

Please mark "CONTEST" on your envelope.

THE WORD SPELLED WRONGLY IS: [ ]

NAME [ ]

ADDRESS [ ]

PROV. [ ]

## Personalities IN THE NEWS

Mr. and Mrs. E. Krywolt and family were Lethbridge visitors last week.

Mr. J. Malanchuk of Pincher Creek attended the hose laying competition held here last week.

Keith Wilson of Calgary visited his parents Mr. and Mrs. Adam Wilson.

Ann and Keith Graham of Humboldt Sask. are the guests of their aunt and uncle Mr. and Mrs. Adam Wilson.

## Roxy Theatre

A Famous Players Affiliate  
Show Times - Monday to Friday, 1 show, 8.00 p.m.  
Saturday at 2 p.m., 7 p.m. and 9 p.m.

### COMING ATTRACTIONS

Thursday and Friday, July 11th and 12th

## The Buster Keaton Story

Donald O'Connor · Ann Blyth

The story of a Comedians Comedian...the rise and fall and rise again of one of the world's greatest comics...A smile, a laugh, a scream...His dead pan kept the world alive.

Comedy in Vistavision

Saturday and Monday, July 13th and 15th

## The Man from Bitter Ridge

Lex Barker · Mara Corday

With flaming guns they held a town in fear... With love and hate in his heart he fought the outlaws with his two fists and a gun...It was the law of the west, kill or be killed.

Western in Color

Matinee Saturday at 2 p. m.

Tuesday and Wednesday, July 16th and 17th  
DOUBLE FEATURE SHOW

## "Man In The Vault"

William Campbell · Karen Sharpe

Sizzling romance in the midst of a cool situation...When \$200,000.00 is at stake, there is no honor among thieves...Glamorous Anita Ekberg, unfaithful but alluring.

Drama

also

## "Wakamba"

Africa, land of teeming life, sudden death, enchantment...A strange romance against the backdrop of Wildest Africa...Weird African customs and the whistling death of poisoned arrows...They trade with death to buy their brides.

Documentary in Color

Weight Control the Delicious  
Way with

## Wey Rite

Available at the

**COLEMAN PHARMACY**

Coleman

Alberta

Coleman Old Age Pensioners Association

## PICNIC

At Crows Nest Lake

**Sunday, July 14th**

As there is no transportation, we would request all those with cars to be at the ELKS HALL at 2 p. m. where all members will meet.

Bring Lunch, Cup and Spoon  
SUPPER WILL BE PROVIDED

Mr. and Mrs. J. A. Brown and family of Willingdon, Alberta, will reside in Coleman. Mr. Brown has been transferred here by the CPR as station agent to replace Mr. Knox, who has been transferred to Ponoka.

Mr. and Mrs. Jerry Young of Calgary were in town last week and called at the Journal office.

Mr. and Mrs. John Hirst of Vancouver and family visited the former's aunt and uncle Mr. and Mrs. F. Hirst and attended the rodeo.

Mrs. R. W. Beddington and family of Lethbridge and Mr. and Mrs. G. Vincent and family of Picture Butte, were visitors at the home of Mr. and Mrs. F. Beddington.

Corporal and Mrs. Allen Kostelnik and daughter Ellen, accompanied by the latter's parents Mr. and Mrs. W. Sutherland and Miss Heather Smith, all of Winnipeg are the guests of Mr. and Mrs. J. Kostelnik.

Mr. and Mrs. A. Montalbetti are enjoying a little fishing and a holiday at their cabin in Corbin, B.C.

Mrs. Luce Stonehouse and grandson Ronald Weber of Seattle are visiting the former's aunt Mrs. M. Antel also her brother and sister-in-law Mr. and Mrs. Stonehouse.

Ellen Rhodes of Calgary is visiting her grandparents Mr. and Mrs. W. Antel.

Mr. and Mrs. W. Plante of Red Deer, visited at the home of the former's parents Mr. and Mrs. J. Plante and family. On the return home they were accompanied by their nephew Bob Plante who will be employed there for the summer months.

Mr. and Mrs. J. Peever and daughter Judy of Sunset House B.C. were the guests of the latter's mother Mrs. Margaret Antel, also her sister and brother in law Mr. and Mrs. J. Troitz.

Mr. and Mrs. Joe Machowski and family of Calgary are spending a holiday with the latter's parents Mr. and Mrs. Mike Kuchty.

A surprise shower was held recently in honor of baby Glenda Brander at the home of her grandparents Mr. and Mrs. Mike Stelmachovich when she received many beautiful gifts.

Mr. and Mrs. J. Jones of Lethbridge were the guests of the former's mother Mrs. L. Jones over the week-end.

Mr. Edgar Allen and his son Dr. Peter Allen have returned from a short holiday in California. They were accompanied back by Mrs. E. Allen and her sister Mrs. Mildred Gall, whom she had been visiting in California for the past several weeks.

Mrs. W. Chernicky is spending a holiday at the West Coast.

GRAHAM WAFERS —  
IBC or Christie's,  
Fresh — pkg. **37c**

GINGER SNAPS —  
Christie's Midget,  
Fresh, 1-lb. pkg. **35c**

SODAS —  
Salted or Plain,  
2-lb. Box **67c**

FIG BARS — Paulin's,  
Honey Flavored, Fresh  
pkg. **43c**

MOM'S COOKIES —  
Paulin's, Coconut,  
pkg. **35c**



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SOAP SPECIAL—  
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SPECIAL — LUX  
TOILET SOAP —  
2 Bath size for **28c**

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TOILET SOAP —  
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CHOCOLATE GRAHAM  
WAFERS —  
Paulin's Fresh  
pkg. **45c**

COCONUT CEYLONS —  
I.B.C. Fresh,  
pkg. **59c**

CHOCOLATE MACA-  
ROON RUFFLES —  
Paulin's — pkg. **59c**

CHOCOLATE PUFFS —  
Paulin's Fresh —  
Pkg. **45c**

MOM'S COOKIES —  
Paulin's, Lemon,  
Pkg. **35c**

Cigarettes — Your choice, Carton of 200 **\$2.98**

Royal Instant Puddings — All flavors — 2 pkgs. **25c**

Apple Pie Filler — Smith's, 20-oz. tin **39c**

Apple & Loganberry Pie Filler - Sun Rype, 20-oz. tin **45c**

Blueberry Pie Filler — Aylmer, 20-oz. tin **45c**

Lemon Pie Filler — Jello, 2 pkgs. **27c**

Brunswick Sardines — in oil 3 tins **37c**

Pineapple Pie Filler — Libby's, 20-oz. tin **39c**

Tomato Juice — Libby's fancy, 20-oz. tins 2 for **39c**

Grapefruit Juice — Libby's, 20-oz. tins 2 for **35c**

V8 Vegetable Juice—Campbell's, 15-oz. tins 2 for **35c**

Pineapple Juice — Australian, 20-oz. tins 2 for **33c**

Pineapple Tidbits - Dole's, Last Call. 10-oz. tins 3 for **55c**

Sugar — B.C. Pure Cane, 10-lb. Sack **\$1.39**

Crisco — 3-lb. Canister tin **\$1.29**

Tuna Fish — Sea Trader, solid white 2 tins **61c**

Turkey — Farmgold jellied— per tin **55c**

Corn Beef — Libby's, always good — tin **55c**

Purex — Now in Colors — 4 large rolls **55c**

Kleenex — Pink or Yellow, economy pkg. — each **35c**

Wax Paper Refills — 2 100 feet rolls **55c**

Gum — Wrigley's — Carton of 20 pkgs. **\$1.05**

Salmon — Fancy Red Sockeye, Cloverleaf, ½ tin **55c**

Salmon — Fancy Pink, Cloverleaf ½-lb. **33c**

Smoked Oysters — Seal Haul, fancy 2 tins **53c**

Sardines — Norwegian Baby fish 2 tins **53c**

Sausages — Vienna, Puritan 2 tins **49c**

Mushrooms — Money's, 10-oz. tins 2 for **83c**

Mushrooms — Patty Hall, 5-oz. tins 2 for **59c**

Lemon Juice - Sunkist unsweetened, 6-oz. tins 2 for **25c**

Creamed Honey — Alpha, pure, 2-lb. tub **69c**

Honey — Liquid Alpha pure, 2-lb. jar **79c**

Spaghetti Dinner — Meat sauce, Clark's, pkg. **63c**

Kraft Dinner — Spaghetti and cheese 2 pkgs. **33c**

Milk — All brands, tall tins 6 for **\$1.05**

Walnuts — Fresh, perfect halves, ½-lb. pkg. **49c**

Dates — Fresh pitted, 2-lb. pkg. **49c**

Blue Ribbon Tea Special — 1-lb. pkg. **\$1.29**

Nabob Tea Special — 1-lb. pkg. **\$1.25**

Red Rose Tea Bags — Save 10c. pkg. of 60 for **79c**

Coffee — Koban, vacuum tin, per lb. **99c**

Soup — Lipton's Chicken Noodle 2 pkgs. **29c**

## FOR FRESHER EGGS---Try Mrs. Horn's---FRESH SUPPLY DAILY

PORK AND BEANS — Goodness  
Me, 20-oz. tins 2 for **43c**

PORK AND BEANS — Broder's  
Best, 15-oz. tins 2 for **29c**

KETCHUP — Aylmer, 11-oz.  
Bottles 2 for **53c**

RELISH — Heinz, Barbecue,  
12-oz. jar **45c**

HAMBURGER RELISH —  
Nalley's, 12-oz. jar **35c**

MEAT BALLS—  
with Gravy,  
Puritan  
15-oz. tin **59c**

SAUSAGES —  
Burns' Camp-  
fire —  
Tin **55c**

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Buy it by the Case and Save!  
Blainmore — Calgary  
Coco-Cola  
Case of 24 Bottles **\$1.75**  
Plus deposit

KOOL-AIDS — 8 Flavors —  
6 packages **33c**

MIXADE — A new one —  
4 flavors — 5 pkgs. **39c**

EAMON'S NECTARS —  
All sizes — All Flavors

SANDWICH SPREAD — Miracle  
Whip, 16-oz. jar **53c**

CHEESE WHIZ — Kraft's, 8-oz.  
jar **43c**

SALAD DRESSING — Miracle  
Whip — 16-oz. Jar **55c**

MAZOLA OIL — for Salads,  
Quart Bottle **99c**

CRAB MEAT — Sea Haul,  
6½-oz. Tin **57c**

SHRIMPS —  
Catcher, Small  
wet pack,  
Tin **55c**

PREM —  
Good for all  
occasions —  
2 tins **96c**